



## **Notice of Privacy Practices**

Spill the Tea Counseling  
Ashton Harris, RCSWI  
Telehealth Services in Florida  
Email: [ashton@spilltheteacounseling.org](mailto:ashton@spilltheteacounseling.org)

This Notice of Privacy Practices (“Notice”) describes how your protected health information (PHI) may be used and disclosed and how you can access this information. Please review it carefully. Protecting your privacy is a priority at Spill the Tea Counseling.

## **Your Rights**

You have the right to:

- Access and obtain a copy of your health records.
- Request corrections to your health records if you believe they are inaccurate.
- Request confidential communications or limit how your information is shared.
- Receive a list of certain disclosures made of your information.
- Receive a paper copy of this Notice at any time.

## **Our Responsibilities**

We are required by law to maintain the privacy and security of your protected health information. We will let you know promptly if a breach occurs that may compromise your

information.

We will not use or share your information other than as described here unless you provide written authorization.

### **Uses and Disclosures**

Your information may be used or disclosed for purposes of treatment, payment, and health care operations. We may also disclose your information when required by law, such as for public health and safety issues, abuse reporting, or to comply with legal proceedings.

### **Confidentiality of Telehealth**

Spill the Tea Counseling provides services via telehealth platforms that comply with HIPAA privacy and security standards. All electronic communications are encrypted and secure.

### **Changes to This Notice**

We may update this Notice as needed. The most current version will always be available on our website: [www.spilltheteacounseling.org](http://www.spilltheteacounseling.org).

### **Contact Information**

If you have questions, concerns, or would like to exercise your privacy rights, please contact:

Ashton Harris, RCSWI

Email: [ashton@spilltheteacounseling.org](mailto:ashton@spilltheteacounseling.org)

Telehealth Services in Florida

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